

COVID-19 Update

March 19, 2020

Please read on for up-to-date information about appointments and programming.

If you think you have COVID-19 or have been in close contact with someone who has it, please use [this self-assessment tool](#) to help determine if you need further care.

Program cancellations (until further notice):

- All GCHC groups, workshops and programming are postponed.

Appointments

The majority of appointments will be rescheduled or conducted via phone, with the exception of urgent, essential appointments (as determined by our providers). If you are unsure about whether your appointment is going ahead as planned, please call our office to confirm.

Important information for patients:

For more information about the COVID-19 please visit [Ontario's Ministry of Health site](#) and [Hastings Prince Edward Public Health site](#).

If you are worried you might have COVID-19

You can call:

Telehealth Ontario

1-866-797-0000

Open 24 hours/day, 7 days a week

Hastings Prince Edward Public Health

613-966-5500

Open 8:30 am to 8:30 pm Monday to Friday, and 8:30 am to 4:30 pm on weekends.
7 days a week