



Gateway
Community
Health Centre

Every One Matters.

Healthy You



Healthy You, Healthy Family, Healthy Community

***This could be the
last New Years'
Resolution you will
have to make!***



***Lose weight and
get healthier for
2012!***

Program is for: Women 20-50 years old who want to lose weight and find balance in their lives!

Program starts: Thursday January 26th 2012

Location: Gateway Community Health Centre

Time: 6-8 pm

**To register or for more info please call
Ashley Hartnett at 478-1211 ext 228**



Ontario

South East Local Health
Integration Network

Réseau local d'intégration
des services de santé
du Sud-Est